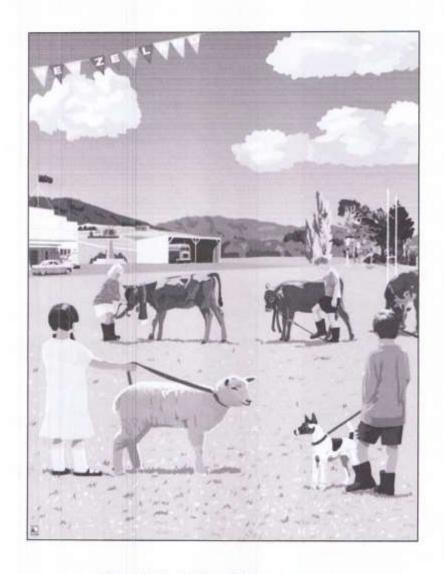
EUREKA EXPRESS

VOL XXXIV No. 8 Circ 298

SEPTEMBER 2013



Calf Club 2013

GUEST EDITORIAL



Proud to be a New Zealander and unashamedly so. Emotions run high when I see New Zealanders performing well on the world stage especially in the sporting codes:

- The yachtsmen in San Francisco performing well witnessed by many New Zealanders with recognizable clothing and flags
- The world watching an emerging golf talent in Lydia Ko,
- The Equestrian teams success at Badminton and Burghley
- The All Blacks
- Rowing and Kayaking

And on another more sombre note the raising of the New Zealand flag at the ANZAC Cove service and the Cenotaphs here in NewZealand reminds me of what my father and many others contributed to this country and the things that I can do every day.

My loyalty seems to be strengthening with age and this is extending into other areas. I find myself more interested in family genealogy and New Zealand's rural history. There is pleasure from planting native trees and in the morning sunlight it is enjoyable to stand with friends and watch the Tui's or a solitary wood pigeon in the flowering Kowhai's.

More care is taken with managing farm and household waste, where possible recycling occurs and weed or garden spraying is more carefully managed with a move to organic sprays. I now regret that I was not concerned about many of these things thirty years ago.

I ask myself "have I gone soft" or have I just realized what is important to me. It is certainly the latter when I think about the environment in which our grandchildren will grow up in. I wish to see them grow with a passion for New Zealand values.

This proudness of been a New Zealander extends right down to the community in which we live. Eureka is a good spot to be, we have been here twenty years and have no intentions of leaving anytime soon. The district has met our family needs. To get the best out of the community we felt we had to put a little bit back in and this was through our involvement in the Hall Committee, Eureka Express and Tauwhare Indoor Bowling Club.

More than any other magazine I look forward to receiving my copy of the "Eureka Express" magazine because it keeps me in touch with our community.

Jack Hooper

RAINFALL

	August 2013	Year to 31" Augus
Total (mm)	82.5	651
Average (1994-2013)	114	801
Difference	-31.5	- 150

Rainfall recorded on 16 days. Note: the July rainfall was reported as 42mm and should have been

SNIPPETS



WELCOME TO EUREKA: To a new family on Platt Road, Mathew and Tracey Bennett and their 3 boys, Keegan, 12, Trent, 11 and Vaughan, 6 years. A warm welcome to you all. Phone 8295337

LOCAL TELEPHONE LIST: An updated list is enclosed for you, compliments of the Eureka Express, with thanks to Linda Hooper for her invaluable assistance. Please contact Gail (8241758) or Linda (8241037) with any omissions or mistakes.

WAIKATO SOCCER REPS

Trinaka Kenny and Millie Wallace in their Walkato rep soccer strip.

Both girls have been involved in the Waikato U9 girls development squad that have played three 5-a-side tournaments in Rotorua against other Waibop (Waikato/Bay of Plenty) federation teams.

While they were in different teams and very competitive on the field they are great mates off it.

Photo taken after the first tournament finished. FYI the two Waikato U9 teams played each other three times and drew all three games.



MATANGI GARDEN CLUB ANNUAL PLANT SALE

SATURDAY 12TH OCTOBER

9AM TO 12 MIDDAY

PLANTS, PRODUCE, CAKES, RAFFLES & SCRUMPTIOUS MORNING TEAS

MATANGI HALL TAUWHARE ROAD MATANGI





Please respond to this:



The Community Planning Committee have received a very generous offer from Walkato Sheds to provide a bus shelter at the Hall, probably on SH26. This was proposed mainly for the schoolchildren who catch the buses into Hamilton.

However, there is also a school bus for Tauwhare School which comes down Hunter Road. We are unsure how many children are affected for each route.

If you have children catching school buses at the Hall, please advise how many:

Are picked up on SH26

Are picked up on Hunter Road

We are unsure whether others catch buses at the Hall to travel into Hamilton. If you, or members of your family do so, please advise us also.

We do have potential approval from NZTA for a shelter to be erected outside the Hall on SH26, but it would have to be set back on Hall land near the big tree in the corner. One on Hunter Road would be sited near the telephone exchange.

We want to ensure that our new bus shelter provides for the most number of current and future users, so we need some certainty on where to put it.

Please advise Sharon 8241 712 or hairfields@xtra.co.nz
Or Sue on 8241 944 or sue.edmonds@clear.net.nz

EUREKA EXPRESS

ADVERTISING RATES		CONTACTS - Gail or Gayle	
Classified Advertisements Small Business Advertisements x 10 insertions One Third Page Advertisement x 10 insertions One Half Page Advertisement	Free \$10 imenth \$80 year \$15 menth \$120 year \$20 menth	Gali Mayali (Editor) 70 Eureka Road Ph 8241 758	Gayle Orr (Treasurer) 1139 SH26 R D 6, HAMILTON 3286 Ph 8241 713 e-mail: sorr@xire.co.m
x 10 insertions	\$160 / year	22/12/2014/10/2014/2014/2	Canada Gerreating

NEIGHBOURHOOD SUPPORT IN THE EUREKA COMMUNITY

by Sue Edmonds

Well the revised Community Plan is being given its final once-over, and the various Committees (us, Tauwhare, Newstead and Matangi) will be meeting at the Council to celebrate and share experiences on 9 October.

However, at least in Eureka, we haven't finished yet! As you will have seen from the Waikato Regional Council paper which came out this week, they have designated 23-29 September as "Know your Neighbours - Get Ready Week' encouraging us all to know who lives in our street etc.

Some of us have been working with our newly appointed Local Civil Defence Emergency Management Coordinator, Kelly Newell, one of whose major tasks is to help create individual Community Response Plans for all the communities in Waikato District. So, as we were already 'up and running' with a focus on emergency management, Kelly is, in part, using Eureka as a 'guinea pig' for doing these plans.

The Response Plan is a far more complicated beast than the Community Plan, and will take some time to work through. However, we have been provided with a rough template to get started.

One of the things that will be most necessary to make a Response Plan work, is that people know who lives around them, and how to make contact if/when things go wrong in a big way.

So we thought that if we could get Neighbourhood Support Groups formed for each road, that would be a good start. Alan Morrison has already done stalwart service for Eureka Road and those leading off it (Manor Park, Masters Rd) and has good listings for the 42 families living round there. He also has agreement from existing listed's, that he can supply an updated list to each new family who moves into his area.

I have visited the Hamilton Neighbourhood Support coordinator, and have signed on as organiser (at least to start) for Hooper Road. Now we need some volunteers from each of the following roads:

Hunter Road

Hinton Road

Friedlander Road

Schollum Road

Waverley Road,

and the Eureka end of Tauwhare Road.

The boundaries of our little district seem to have an amazing number of zigs and zags on the map we've been given, but that's really about it for us. We'll eventually need a figure for the number of houses on each road, and then the Neighbourhood Support volunteers from in town will come out and deliver invitations to each letter box to join the relevant Group.

I am aware that Civil Defence and Emergency Management are topics which many people don't even want to think about. But next month I'll talk about the hazards we might face, and maybe you'll change your minds then.

So PLEASE, can someone from each of those roads make contact with me, and I'll pass on their details to the Hamilton Office. (824 1944 or sue.edmonds@clear.net.nz)

Tauwhare School

a substitutional action of

Individual State of the City of the City



Roll: 172

Congratulations to the children who ran in the Tauwhare School Cross Country at the Wilson's farm. The children tried very hard to achieve a personal best and we were thrilled with the large number who ran the whole course without stopping. More importantly, the children were very pleased with themselves.



Congratulations to Zach
Bellamy who won the
Open race. Zach has had
that win as a goal ever
since he was 5 years of
age. He really wanted to
have his name on the
cup alongside his
father's name. Tony
Bellamy won the cup in
1989, Zach is proof that

with determination and hard work you can achieve your goals!

Congratulations to Luke Aldred who came a close second, Briar Reid 3rd Ruby Sinclair 4th and Haley Riddle 5th.

INTERSCHOOL CROSS COUNTRY

Congratulations to all of the children who ran in the City and Country Schools Cross Country Race held at the Woodcocks farm. What a beautiful course it was. A huge thank you must go to Mr Philip Quenby who, along with Ms McCambridge, organised a challenging and exciting course and venue.

Congratulations to:

Trelise Jones	5 th	Yr 4 Girls
Daniel Sinclair (Yr 3)	5 th	Yr 4 Boys
Riley Bellamy	11 th	Yr 4 Boys
Ruby Sinclair	6 th	Yr 5 Girls
Josh Evans	11 th	Yr 5 Boys
Briar Reid	12 th	Yr 6 Girls
Zach Bellamy	9 th	Yr 6 Boys

Thank you so much to all of our wonderful helpers on the day. I was very proud of the hospitality Tauwhare School provided to the other schools.

COUNTRY SCHOOL DAFFODIL COMPETITION

Yay!!!!! At long last Room 1 has won the coveted Country Cluster Daffodil Challenge Award for the top 6 blooms. We also won a 1st, 2nd and 3rd in the other divisions. Thank you to our dedicated mentor, Mr Peter Ramsey.



ENGLISH RESULTS

Our children do extremely well in the International Competitions and Assessments for Schools. Our latest results in English showed that our children who sat the test averaged above the international average for children of the same age.

Four of our children received Credit passes which was excellent and one student, Zyean Cutler received Distinction. His score placed him in the top 3%!

TINDALL FOUNDATION VISIT

Anne and Liz Tindall (Tindall Foundation) and Heidi Mardon (Enviroschools Foundation) visited our school last week. The Tindall Foundation support work in Sustainable Communities and wanted to gain some insight into the research programme, Sustainable Communities through kai. We were very proud to be one of only 3 schools chosen for the visitors to see ourprogramme. They were very moved by the passion, commitment and knowledge of the children.

Cinquain

Crowns falling
Forest of rings
They stand as still as rocks
And not rotten, wet, or soggy
Just right.
By Travis Findlay-Barr 8 yrs old

DON'T FORGET TO GET YOUR TICKETS TO THE TAUWHARE HOEDOWN. Saturday 9th November \$25 INCLUDING LIVE BAND & SUPPER

THE TAUWHARE HOEDOWN!!



Saturday November 9, 2013

- In the Implement Shed --- (James and Leigh Needhams' Farm, Scotsmans Valley Road Tauwhare)
- 7.30pm
- Live Music (Robinson Entertainments Duet Show)
- \$25 per person, (includes music, supper and a fantastic night out!)
- CASH BAR NO Eftpos!! (alcohol and non alcoholic drinks for sale)
- Supper provided

Get out your gumboots, cowboy hats (or any rural themed costume) and get down to the Tauwhare Hoedown!!

TICKETS ON SALE NOW!!

Contact Helen Singers 8296122, helen.singers@gmail.com or Michelle Dingle 8240822, mdingle@xtra.co.nz for tickets
Payment to be made via internet banking if poss. Tauwhare School PTA, Westpac Bank 03 1559 0051567 000
Please put name and hoedown as reference. ENTRY WITH TICKET ONLY





Pukeko Preschool October 2013

Pukeko Preschool Trust Board held their Annual General Meeting on Tuesday 13 August. The following positions were elected at the meeting:

Keren Savage - Chairperson, Sheryl Long - Support, Sarah Bell - Staff liaison, Craig Sharman - Secretary, Vaughan Bell - Treasurer, Flona Bradley - School liaison.

Our Focus this month has been around Spring, and a fabulous book called 'Young MacDonald had a farm.' Young Macdonald is a modern farmer who checks the weather on his I-pad and gets married on a tractor. The children have brought their wealth of knowledge to this focus.

The children and teachers enjoyed our annual visit to the Savages' Goat Farm.

A reminder that the Preschool has extended our hours of operation. Our session now runs from 8.45am to 2.45pm, with the option of a shorter session finishing at 1pm if you require. Feedback from parents has been overwhelmingly positive about the new hours.

Please contact the Preschool to put your child's name on the waiting list for 2014 and 2015. Drop in and see us, or phone 07-824 0860. Also, check out our new website: www.aukekopreschool.org.nz









EUREKA BADMINTON CLUB



JUNIOR NEWS

Well we are at the end of another successful season. The last couple of weeks we had our club champs.

Congrats to:

- Junior Boys Singles Ben Allen. Runner-up Zyean Cutler
- Junior Girls Singles Emma Sinclair. Runner-up Siobhan Jones
- Senior Boys Singles Whiti Kairau. Runner-up Sam Sinclair
- Senior Girls Singles Ella Silvester. Runner- up Epernay Carta
- Boys Doubles Sam Sinclair and Zyean Cutler.
- Girls Doubles Ella Silvester and Emma Sinclair.



We will have our AGM in March 2014 and start in April. Have a safe and great rest of the year.

Vanessa Mason.

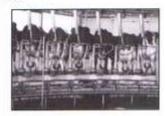


Greetings from the School

NEWSTEAD SCHOOL DAIRY FARM VISIT WEEK 7 2013

This term our concept focus is Production. As part of our Grass to Glass (Dairy farming & Milk) study, we visited a local Dairy Farm in action.

We were so fortunate to be able to visit one of our parent's farms and we give HUGE thanks to Rebecca and Graeme Davison (on Holland Road) for allowing us to be able to observe the actual milking process, and all that it involves.



All classes visited the farm and had a wonderful "hands on" experience, watching calves being fed, standing inside the rotary milking shed and tasting warm milk, fresh from the cow. The children loved the opportunity to see the cows being actually milked and it was invaluable as we covered all the aspects of milk and its journey to the supermarket where we would usually find it.

Cross Country Season

During this term the whole school has been training hard for our annual cross country run. We had the help and expertise of Abbey from Project Energise, encouraging the children to train in a variety of different ways so their fitness could be increased. The children were enthusiastic and committed to doing their very best run on the day.

The school cross country took place on Friday August 30th and It was fantastic to see all children run so well. There was a positive atmosphere of support generated by a large group parents and friends. The success continued Tuesday with the Country schools Event held here at Newstead.

We are lucky to be able to give the children this type of sporting experience. A group of runners represents us at the City and Country Schools Event, Thursday 19 September.

Gymnastics

Our team of gymnasts participated in the Festival, Wednesday. This group of children has worked very hard during the last term and a half, preparing for this event. We got fantastic results and the team were awarded the award for the team spirit award. Well done Team we are so proud of you!







We have been learning about Rosie the cow.

Cows eat 70kg of grass a day. They have four stomachs. Cud gets chewed for one minute. The milk comes out of their udders and then it goes to the milk factory in a tanker. The truck takes it to the supermarket and you can have it on your breakfast.



We learnt about grass to glass. One cow can eat 70kg of grass. They digest the grass then it goes into their four stomachs. It is turned into cud and it is chewed for one minute. It turns into nutrients in the milk and it goes into their udders. They go to the milking shed and get milked by the farmer.

By Isobel

A cow can eat 70kg of grass a day, but grass is really hard to digest for cows so they have four stomachs. It first goes into the two stomachs then it comes up again as cud and then goes into the other stomachs. It turns into milk and the cows are milked at a farm.

By Hunter

By Devin



This morning we went to Charlise's farm because we are learning about how cows get milked. They are milked by machines in a rotary milking shed. The milk goes along tubes and out into the vat.

By William

Today we went to my farm to learn about how cows are milked. My Dad talked all about it. We saw the calves being fed and one of them didn't get a turn and then it squeezed in. We drank warm milk and it was SO delicious. We put our finger in the suction cups and it tickled a lot!

By Charlise

TAUWHARE INDOOR BOWLING CLUB

Well – the bowling season is almost over for 2013 and there is not a lot of news.

Tauwhare challenged Matangi for the Erin Rose Bowl and the trophy will remain in Matangi's care until 2014.

I attended the first day of the 10th AIMS Games at Tauranga this week and attended the first day of the Indoor Bowls at the ASB Event Centre at Mt Maunganui. There were 190 year 7 and 8 children participating - two days of Singles, followed by two days of Pairs. 28 schools were represented and 40 mats were used.

Cameron Bargh was the sold entrant from the Waikato area and although he did not qualify he won two games - well done.

The AIMS Games is run by the Western Bay of Plenty Intermediate / Middle Schools, Tauranga City Council, New Zealand Community Trust and Sport Bay of Plenty. The Indoor Bowls section was also supported by the Tauranga Indoor Bowling Association. Overall there were 17 different sports ranging from the more traditional Football and Netball to Water Polo and Multisport (Kayaking, Mountain biking and Running) held at the McLaren Falls. All told 193 schools were represented including schools from Australia and the Cook Islands.

Results:

22 August 2013 - Tamahere visit: Progressive Bowls

Winners

Skips

R Coxon

Threes

N Woodcock

Leads

L Verner

29 August 2013 - Sattrup Trophy

Winners

L Grieveson, Am. McNally

and

· Runners Up B Mead, K Williams

5th September 2013 - Club Night

Winners

Am. McNally, E Morris, G Mayall, D Pizzini

Equal Runners Up

[J Arnold, R Bargh, K Williams, John Bargh

[R Coxon, R Arnold, N Woodcock, Gr Goodare

12th September 2013 - Club Night

Winners

L Grieveson, D Appleton, John Bargh

Upcoming Events

3rd October 2013

AGM and Prizegiving

10th October 2013

Christmas Tournament - Rinks

Entry \$5:00. A plate please.

Robin Bargh Phone 824 1819

CHILDREN'S PAGE

Raglan - A Night Journey

"Come on! Hurry up! Any moment now she'll be here!

Driving through the evening mist, she approached. **Granny!** Grabbing our bags, we rushed to the door. Slamming the car door, we buckled our belts. Blowing a kiss to Mum, we disappeared into the ruby sunset. As the sun cruises down, we felt our excitement grow.

The mist and darkness swarmed around us like bees around an empty honey hive. Pitchblack night was soon all I could see. Glowing in the dark, the car head-lights were alien eyes shining in the mist.

Past Whatawhata, over the hills, flashing through Te Uku, up towards Raglan seemed forever! Dancing into view, Raglan street-lights were ablaze. Tumbling and turning around on the beach, waves were rushing forward to welcome us. Down Long St, across Park Dr, Cross St appeared. Sitting up high on the top deck, beaming smile was.... Grandad! We were finally here. Raglan beaches. Sunny skys. I can't believe we're staying here for the next four days! Oh, it's a dream come true!

Emma Taylor - 8 years

My Dad

My dad has A magnificent smile When the family is Joking around

My dad has Black bushy hair That waves in the Howling wind

My dad has A crave for sitting In the bubbling spa Awaiting for him

My dad can Cook food worthy Of a master chef

My dad loves Being outside, Play fighting with me And my sisters, And going to the ruby

> I love my dad And I always will Love Taylah



IN YOUR GARDEN

Spring is here so let's grow. Last month it was Magnolias and Daffodils, this month it's the heavenly scented Freesias and beautiful Cherry blossoms, but let's get planting.

Vegetables: Spring signals a flurry of activity in the garden, so put your winter planning to work and plant up your most spectacular vege garden. Plant globe artichoke, beetroot, cauliflower, cabbage,



broccoli, onions, peas, turnips, broad beans, lettuce, radish, carrots, parsnip and start planting your favourite early potatoes. Indoors plant tomatoes, peppers and eggplants. Flowers: Plant alyssum, calendula, California poppy, candytuft, scabious, sweet peas, wallflower, larkspur, sunflowers, cosmos, hollyhocks and bulbs including gladioli, iris, lilly of the valley and japonica anemone. Fruit: Strawberries should be established by now – sprinkle blood and bone around but not too close to the plants. Plant new fruit trees and add good compost to the hole. Spray peach and nectarine for leaf curl. Repot indoor plants, and overhaul the glasshouse and shade house.



Make compost to add nutrients to your garden and trees. To make compost combine organic matter including grass clippings, food scraps, and leaves to a heap. Continue to add to it and turn over every two months. In 6-12 months this will become compost to dig or spread over the soil – a free garden and plant food.

The entire garden will benefit from an application of Nitrophoska Blue Fertiliser, which releases a balanced

blend of essential nutrients immediately and continues feeding for up to three months. Delay feriliser application in cold areas until active plant growth is apparent.

Repair the bare patches in your lawn. Rake soil in your bald spot and top up with a good quality lawn mix. Sprinkle on grass seed and rake through. Water lightly each day until grass springs up. Add slow release fertiliser to the entire lawn six weeks after germination to help it blend in.

Spring is the best time to prune passionfruit vines. Because the fruit is produced on the current season's growth, these vines will still produce a bountiful crop in midsummer. Train passionfruit along a fence or wall with a framework of main leaders, with lateral fruiting growth off these. Prune back the lateral growth to encourage a flush of new growth for flowers and fruit, as well as thinning out any congested areas of stems.

There's much to be done, just hope we get the suitable weather to allow us to get on with the intended tasks.

Happy gardening, Jennifer

LADIES A PLATE

Sticky Date Pudding

- 1 cup dates (180g) pitted and chopped
- 1 tsp bicarb soda
- 1 cup boiling water
- 2 Tablespoon butter
- 1 cup (150g) soft brown sugar
- 2 eggs
- 1 1/2 cup (180g) self raising flour

Mix dates and bicarb soda in a heat proof bowl. Pour boiling water on top and leave to stand.



Cream butter and sugar until pale then add eggs one at a time. Beating well after each addition. Gently fold in flour, stir in date mixture and into a lightly buttered 18cm square or round cake tin.

Bake in pre heated oven (180°c) for 30-40 minutes until an inserted skewer comes clean.

Toffee Sauce

- 1 cup (150g) soft brown sugar
- 3/4 cup light whipping cream
- 1/2 teaspoon vanilla essence
- 2 Tablespoon butter

Combine sugar, cream, vanilla essence and butter in a saucepan, bring to boil, stirring and simmer for 5 minutes,

Set aside until ready to serve, then quickly reheat when needed

Cut pudding into squares and place each square in the center of dinner plate. Pour hot toffee sauce over each square and serve with fresh cream

Baked Chicken and Leek Risotto

60g butter

- 1 leek thinly sliced
- 2 chicken breast fillets, cut into small cubes
- 2 cups risotto rice
- 1/4 cup white wine
- 5 cups chicken stock
- 1/3 cup grated parmesan cheese
- 2 Tablespoons thyme leave plus extra to garnish



Pre heat the oven to 150°c and put a 5 litre ovenproof dish with a lid in the oven

Heat the butter in a saucepan over a medium heat, stir in the leek and cook for about 2 minutes, then add the chicken and stir for about 3 minutes. Toss in the rice and stir for 1 minute. Add the wine and stock and bring to the boil.

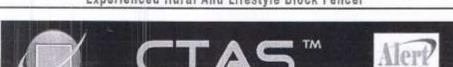
Pour into the ovenproof dish and cover.

Cook in the oven for 30 minutes, stirring halfway through.

Remove from the oven and stir in the cheese and thyme.

Season with salt and pepper and sprinkle with extra thyme and cheese





Specialists in:

- Professional Internet based systems development
- Web Site Development, Domains and Hosting
- TXT and Email Alerts and Reminders
- TXT Shortcodes for your business or club
- Flight Status by TXTing your Flight to 8808 Live Video and Audio Streaming on the Internet

Go to www.ctas.co.nz for more information



Associate Member of IT Professionals NZ

Phone: 07 824 1025 Email: grant@ctas.co.nz





CCC CompTIA



Newstead Veterinary Services 161 Morrinsville Rd (SH26) Phone (07) 856-4522 Fax (07) 8569487 email: admin@newsteadvets.co.nz

www.newsteadvets.co.nz

We offer a comprehensive range of services for dogs, cats and small pets.

- Puppy pre-school classes
- Comprehensive range of pet care products and pet food
- Nutritional advice with onsite pet dietician and free weight clinic
- Cremation with a local pet crematorium, with optional return of ashes
- Isolation ward
- NZVA Microchipping Accredited Practice
- MAF Accredited vets for pet export certificates to Australia
- Ample parking

We believe that pets are important members of your family.



Eureka Storage

Many options from 9m2 - 307m2 Short term + long term Call me to discuss your requirements

HEART-HEALTHY-BEEF

Pedigree + Commercial Purebreeds For Sale Bulls, cows + yearlings

Don Knight 0274950535

117 Hooper Road, Eureka

brides



Hair - Makeup - Beauty Therapy

www.bellesandbrides.co.nz Ph (07) 8241852 or 0226717588

Belles & Brides is the Waikato's most comprehensive mobile beauty service. We offer a huge range of beauty services including amazing discounted pamper packages and at-home pamper parties!

Jump onto our website and visit our facebook page to see our upcoming events, current specials and our full range of services!

SPYVES PANEL SHOP

for all Panel and paint requirements



AUTOROBOT CHASSIS

and

ALIGNMENT MACHINE

Ph Ron or Karen 8241 890 Fax 8241 892 Mob 027 280 0346

EUREKA POULTRY FARM

13 Hooper Road Ph 824 1762 NIC & MARIA STOLWYK Hobby Hens



Young pullets from 5 weeks to point-of-lay Great for lifestylers Bagged up chook manure Hours Mon-Sat 8-6

CALF COVERS

"Canvas, Jute, or satin lined for Calf Club"

I also manufacture horse covers, trailer covers or any other kind of cover you may want. Good quality, P.V.C. horse gear bags - can also be used for dive bags. Good quality at reasonable prices.

Phone Narelle Pollock



AVOCADO

Avocado is one of the few fruit that contains the good fats, omega 3 and 6 and boasts a wealth of health boosting properties.

It is native to Central America and in the 16th century was discovered by Spanish invaders. It is now grown throughout the world in various tropical regions including the upper part of New Zealand and the Bay of Plenty ect.

They contain Monounsaturated fat which can help to lower cholesterol, they are also a source of Linoleic Acid (Omega 6) which the body converts to Gramma-Linolenic acid (GLA) which helps to thin the blood, soothe inflammation and improve blood-sugar balance. They are also rich in Vitamin E which boosts resistance to infection.

Avocados B-Vitamin levels help the immune cells to destroy harmful invaders, they also contain plant chemical beta-sitosterol which is particularly beneficial to the prostrate gland.

Nutrients: Vitamins B1,B2,B3,B5,E,K, Biotin, Folate, Carotenoids, Potassium, Zinc, Beta-Sitosterol, Glutathion, Omega 3 and 6 fatty acids, Fibre, Vitamin C.

Avocado Face mask-

1 ripe Avocado

1tsp Clear Honey

1tsp Lemon Juice

1tsp Natural Yoghurt

Combine all above ingredients in a bowl, mash to a paste. Leave in fridge for 10 minutes, apply to face and leave for 10 minutes then remove with cold water.

Enjoy

Cheryl McFarlane



On the home front.....

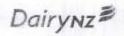
Its spring a great time to spring clean, organise, and give things a face lift ready to enjoy summer, warming up for long summer nights bbqs, beach visits, sun downers and generally making the most of the warmer weather.

This time of year if prefect to start looking at those paint jobs especially the exterior work that you have thought about for months, as the weather is right for painting, being warm enough for the paint to dry and set and not to hot that the job becomes hard with paint needing hot weather thinners and you needing loads of sun block. It's amazing the difference a coat of paint can make to and area.

If that doesn't keep you busy choose a room that needs a bit of life, give it a clean out, re-organise and try adding a bit of colour. The new colours are here and they are bright lively and bolt. Simple ideas can be best, painting a bright chair, using a bright fabric, changing curtains, adding bright cushions.

Try a wallpaper for a different affect, the range allows you to bring personally to a room with papers that go from wood finishes to elegant flower patterns into animal prints and then to perfect pinks and bright blues, also neutrals with flair, it's fun funky and can be a simple way to a great impact. Wallpaper is simple to change and the different textures often add a softness to and area.

Leanne Hilder



CO Comment for Eureka Express

The great season continues with cow performance, often, at an all-time high. How are you going managing the balancing act between not leaving too high a residual (< 1,700) nor too low a residual (<1,500)? i.e. the skill of getting as much milk out of the herd as economically possible without compromising pasture quality and production in future rounds.

The recent heat detection field days were extremely well attended this year. Attendances ranged from 40 on a very wet cold day up to 130 and would have averaged 75. There was a new session included on developing a simple heat detection policy for your farm along with a skills checklist for individuals. This is a relatively simple 2 pager where you get to fill in the gaps for your farm. If you want a copy email me on phil.irvine@dairvnz.co.nz



One attendee commented how they had now worked on 3 separate farms but had never been told to apply tail paint against the lie of the hair. A simple but important learning.

Apparently 92% of dairy farmers think they are above average at heat detection. Now that's interesting! Also of the 8 key factors that relate to good reproductive performance, dairy farmers rate heat detection as the least important. Really? In fact a study has found that for 25% of dairy farmers, heat detection is the No. 1 issue. So perhaps it's time to take stock and front up to the possibility your farm may not be "hot" at finding cows on "heat".

There is a down side to the warm winter, and that is the proliferation of a relatively new form of Theileria which causes lethargy and anaemia in infected animals. Ticks carry the Theileria causing protozoa. In herds with a history of ticks (even if only a few) there is very likely to be a degree of immunity. Further south where ticks are less common, herds are more likely to be 'naive' and more susceptible if exposed to Theileria.

Stress, such as calving, makes the outbreak worse. Weaned calves are possibly at greater risk due to the stress of weaning and the fact they are smaller animals and therefore more exposed to the pasture canopy and hence tick infestation.

If you have had an unexplained death or notice a lethargic cow, check her membrains for whiteness (genital, eye or udder). If an outbreak is suspected, contact your vet.

There is now plenty of information around advising farmers about what to look for as far as signs of the disease on their farms go. Franklin Vets have excellent information on their website and DairyNZ also has a growing resource on its website which is being regularly added to and updated. To be forewarned is to forearmed.

Phil Irvine

Senior Consulting Officer DairyNZ 0274839820

FARM DISCUSSION GROUP

EUREKA DISCUSSION GROUP

Upcoming dates, Venues and events.

The group meets on the second Tuesday of the month to discuss issues both of the host farm and the season.

Tuesday 8 October 2013

11.00am - 1.30 pm Graeme Davison, 151 Holland Road SN72718

Tuesday 12 November 2013 11.00am to 1.30 pm Bernard Verryt, 446 Puketaha Road SN72691

Tuesday 10th December 2013 11.00am to 1.30pm Richard Lansdaal, 211 Motumaoho Stn Road SN76606 Other events supported or sponsored by Dairy NZ



Effluent Field Day Thursday 31 October 2013 11am

Farm has a new 10m litre lined pond, weeping wall solids separator, feed pad and wash system.

John Fransen's 182 Manuel Road Tauhei Includes a session on standoff pads.

Ponds on Peat bus Trip Thursday 7 November 2013 10.30am to 2pm

Meet at Gordonton Hall (don't be late)

We will be going by bus to look at 4 different farms storage solutions on peat soils. No charge & lunch provided.

Contact: Phil Irvine Hamilton North, 027 486 9820 phil.irvine@dairynz.co.nz Or: Brett Gordon

Group Convenor 0274 484722 or 8241108

Have you visited our website lately? This is an extremely useful and very comprehensive site which is updated regularly.

Visit: dairynz.co.nz 0800 4 DairyNZ (08004 324 7969

Farmers can call our free information service to find answers to queries on seasonal on-farm practices, as well as technical and scientific issues.



NEWSTEAD VETERINARY SERVICES

161 Morrinsville Road, Silverdale, Hamilton 3286

Phone: 07 856 4522 (24 hours) • Fax: 07 856 9487
enquiries@newsteadvets.co.nz • www.newsteadvets.co.nz

Senior Wellness Month

Like our older cars needing more regular Warrants of Fitness and servicing, so do our elderly pets.

In the past 2 editions we have been discussing how our senior petizens have increased health needs compared to younger pets. Cats and dogs need frequent, regular check ups to ensure that they remain in the best health for a longer, healthier life. They can have hidden kidney or liver disease that has not shown itself with any symptoms yet. Flea and worming treatments need to be continued all year round. It is also important to remember that an older pet has different nutritional requirements to that of a young pet.

So, we are making September through to November our Senior Wellness Months. We are offering the following special for your cat or dog until 30th November 2013.

Senior Pet Wellness Package

- A consultation with a vet, including full health check.
- A geriatric blood profile looking at 10 different parameters indicating the health of your pet's internal organs.
- Urinalysis looking at the urine concentration and looking for protein and glucose in the urine. These are both important indicators of your pets kidney health
- · A flea treatment
- · A worming tablet
- A bag of Hills Mature Active Longevity (1.5 kg bag for cat, 3kg bag for dogs.)

All this for only \$150 ! (normal cost \$230)

To qualify your pet must be over 7 years old (this is the equivalent of 50 years of age in human terms!).

However, numbers are limited for this offer so give us a call or pop into the clinic to book your pet in for their Senior Wellness Check.

Regards,

The Team at Newstead Veterinary Services

NEWS FROM YOUR WAIKATO DISTRICT COUNCILLOR

Eureka Community Plan – The revised Plan has now been completed and the last draft has gone to Council to be included in the final document along with the plans from Tauwhare, Newstead and Matangi. Maria Edgar, Council's Corporate Planner, and I have enjoyed being part of the Community Plan review process with the four communities and have found the process very rewarding.

We have invited the committees to join us at Council on 9 October to acknowledge their work towards the Community Plan and share with them projects and activities we have planned for the coming year. This has been a project involving hundreds of hours of work and is just the start of a continuing and ongoing relationship with the Council. The Plan will be adapted as the needs of your community evolve.

The Eureka Community Committee has spent many hours working on your behalf – thank you to Sue and her Committee for their enthusiasm and dedication. The final document should be on Council's website very soon.

Sue has included an article in this issue of the Express on neighbourhood support and the work she and others are doing with the Civil Defence Emergency Management Coordinator. Please get involved and join a neighbourhood support group to help reduce crime in your neighbourhood.

Littering - I have been alerted to several instances of rubbish being dumped in Eureka Ward. Council has a team who can remove reported litter. You can phone the 24 hour free help line on 0800 492 452 or contact me and I will fax in a work request. If we can identify those dumping litter they will be prosecuted. We continue to try to find a resolution to the problem of littering in rural areas.

The fine weather in early September has allowed our contractors to continue the **ongoing road resealing programme**. A number of roads in the Eureka Ward are being patched prior to resealing. The two roads are being resealed at the moment are Bellevue and Pukemoremore Roads.

I will be **driving around the Ward next week with Sue Duignan** our new General Manager Customer Support to familiarize her with the Ward. This will give her a better knowledge of the area so when her staff is discussing issues relevant to the Eureka Ward she will have a better 'picture' of the area being discussed.

Further to my comments in last month *Transmitter* regarding *Hamilton City's fluoridation referendum*. Properties in the southern part of the District receive water from Hamilton City through an arrangement Waikato District Council has with the city. The water is then supplied through the District Council's reticulation network. If you are connected to the Southern Districts Water Scheme you should have received a survey in the mail saking for your vote on the fluoride issue. This survey uses the same wording as Hamilton City's referendum. Results from our survey will be sent to Hamilton City Council by 12 October. This is a matter of high public interest and your opportunity to add your views on whether fluoride should or should not be added to the public water supply. Please return the survey to Waikato District Council by Monday 30th September.

In my July newsletter I mentioned that the Sale and Supply of Alcohol Act 2012 is coming into affect this year and that a **local alcohol policy** would be adopted. We are now asking for **expressions of interest** from those who have experience in alcohol licensing and want to be involved in making decisions on how alcohol is sold and supplied in the Waikato district.

Council is looking for experienced individuals with knowledge of the new Act. You need to have relevant experience, and well developed investigative, decision making and communication skills. Knowledge of the harmful effects of alcohol would be advantageous and applicants must not be involved in the alcohol industry or have any appearance of bias.

Hamilton, Waipa, Otorohanga and Waitomo councils are seeking members as well and a series of advertisements will be appearing in newspapers around the Waikato region advertising these positions.

More information on the role is available in Local Government New Zealand's Competency Guidance document.

To apply, send your CV and covering letter to: DLC Positions, Waikato District Council, Private Bag 544, Ngaruawahia 3742, Attention: Alan Parkes, or by email to <u>Alan Parkes@waidc.govt.nz</u>

Expressions of interest close on 1 October 2013 and training will be provided between November and early December of this year.

Contact me at any time

Rob McGuire - Councillor Eureka Ward
Ph. 824 3696 / fax 824 3645 / Mob 0274 970 966 / email robmcguire@xtra.co.nz





Creating Everyday Surprises

Thermomix is the most advanced kitchen appliance on the market today. It unites the functions of over 10 appliances in one compact unit. Thermomix is a solid kitchen cooker/processor with super-sharp blades, an ample (2 litre) surgical steel bowl, and a powerful integrated heating element. These combined with state-of-the-art temperature and speed controls, and built-in digital scales for an effective, efficient appliance unlike any other.

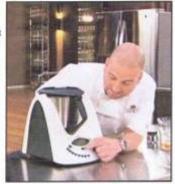
A Thermomix does all this quickly and easily:

- · Cooks pasta, rice, vegetables
- · Stews meat, vegetables, fruit compotes
- · Boil liquids sauces, soups, chowders
- · Stirs and Cooks perfect for making risotto
- Chops and minees meat, nuts, herbs, vegetables (can chop a single garlic clove with ease)
- · Steams vegetables, meat, fish, fruit
- Blends fruits, frostings, soups, sauces, smoothies, milkshakes, power drinks
- · Mills wheat berries, rice, nuts, grains into flour
- · Grinds coffee beans, sugar, nuts
- · Crushes ice: frozen fruit for ice creams and sorbet
- . Kneads healthier bread dough, easy pizza dough, pasta, pastry,
- . Whisks egg whites, yolks, frothy milk for coffee, custards, zabaglione
- · Grates hard cheese, chocolate, nuts,
- Emulsify mayonnaise, salad dressings
- · Purees vegetables, fruits, special diets, baby food
- · Weighs liquids and solids easily
- Controlled heat for making yogurt, butter, cheese, baby food, chocolate, delicate sauces, fondue
- . Cleans itself in seconds, easily with soap and water

I have had my Thermomix for nearly two years now and I use it at least once a day. It has become part of my everyday cooking, especially as I now have a 6 month old and I use it to make all of her food.

For me the best thing about the machine is it cooks dinner for me while I bath and get my baby ready for bed, which means I don't have to stand over the stove until 8pm at night cooking dinner. It is done for me!

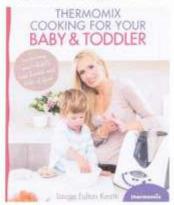
As the Thermomix is such a versatile machine it is sold via in home demonstrations. When you book a demonstration with me I will come to your home and cook you a 6 course meal and show you exactly how the machine works. I prefer to do a demo with a maximum of 6 people but am more than happy to do one on one demos too.



Are you Gluten Intolerant?

Thermonix is a wonderful tool for people who are Gluten Intolerant and will help to make food preparation and cooking stress free. It also helps save time and money by allowing you to prepare you own gluten fee foods.

With Thermomix you can avoid the guesswork of what is going into your food. You can also avoid the additions of preservatives, colourings, flavourings and potential traces of gluten and wheat



If you would like to find out more about the Thermomix or book a demo please contact me:

Nicola Dick

027 915 8888 nicolafaydick@gmail.com

www.thermomix.co.nz



Building Partnerships with Farmers

Our Services:

- Maize & Grass Silage
- · Full Cultivation
- · Cartage Truck and Tractor
- · Hay, High Moisture Hay & Haylage
- Digger

We Offer:

- · A Professional Service
- · Experienced Drivers
- · Quality Machinery

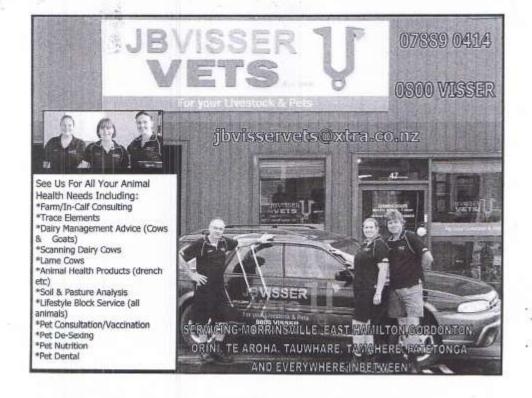


Don't delay... book your job with us today!

(07) 824 1186

mel@mcfarlanecontracting.co.nz

870 State Highway 26, Newstead R D 6, Hamilton





Gayle Orr

Spiritual Counseller & Teacher
Working with angels to relay
Messages from loved ones
Personal Readings
Healing
Spiritual Counselling
Meditation & Relaxation Clas-

For a personal reading phone: 07 824 1713

ROSS PUMPS

8

Filtration Specialists Ltd



Servicing and installation On all types of pumps Full Water Treatment Service Available

DAREN ROSS

Tel. 8241 726 or 0274 346 571 Fax. 8241 879 FRESH
APPLES & PEARS
STONEFRUIT IN SEASON



NEWSTEAD ORCHARD 552 Morrinsville Road

> OPEN MON-SAT. W J McMiken & Co Marrinsville Road Tel. 856 4478

CAMBRIDGE CARPET CLEANING Servicing the Walkato

Also

- Upholstery Cleaning and Protection
- Flood Restoration
- ✓ Stain Treatment
- Auto and Marine Work
- Window Cleaning
- ✓ Senior Citizens Rates

Phone Grant on 0275 542 116 Or 07 823 7031

Locally Owned and Operated

Local builder Tauwhare Road resident Registered Tradesman



- Concrete work
- New homes
- Renovations
- Alterations
- Farm buildings
- Decks
- Fences
- Bathrooms
- Kitchens
- Roofing 30 years building experience

Craig Griffin Builders Limited

Phone Mobile: 027 279 2682 Phone/Fax After Hours: 824 1607 Email: craigandjackiegriffin@ihug.co.nz

nzgarden@sheds

Your **local garden shed supplier** of NZ made, self assemble Garden Sheds

GET IN TOUCH...

* EASY ASSEMBLY

(Zincalume or Colour Steel)

* MADE TO LAST!

Waikato Shed Company

218 Hunter Road, Eureka, Hamilton Phone: 07 824 1045

Email: sales@nzgardensheds,co.nz

EQUIRE FOR A BROCHURE NOW

Residential Interior Design

- Colour schemes and advice
- · Home organization ideas
- + Maximise interior space and use
- Personalise your home



Phone Leanne Hilder 07 889 6646 or 021 911 621 Email: leanne.hilderl@gmail.com

Scanlan & Jones

Specialists in:

- ✓ Wood Fire Sales
- ✓ Wood Fire Installation/Repairs
- ✓ Hearth Manufacturers
- ✓ Outdoor Fire Installations
- ✓ Chimney Sweeping
 ✓ Heat Transfer Kits Sales & Installation

Registered Installers Over 17 Years Experience Free Quotes

Contact Justin & Brendon 0274 834 267 (day)

A/Hrs: 07 824 0950 Fax 07 824 0951 Email: scanlan.jones@xtra.co.nz

Member of New Zealand Heating Association NZHHA



IT'S ALL ABOUT YOUR LAWN

- Residential, Commercial & Lifestyle Blocks
- Covering the whole of Hamilton and outskirts

Using Walker Ride-On Mowers

Phone Tony today for a free quote on

0800 Yardman



Jo Stockley ADMIN PRO

- Just ask!
- Local Accounts & Office Support
- Your office or mine!
- Over 20 years experience
 - ✓ Invoicing
 - √ Accounts payable
 - ✓ Credit management
 - ✓ Bank reconciliation
 - ✓ GST / PAYE
 - ✓ Payroll

MYOB





COMPUTERISED BULK SPREADERS LTD

Cartage & Spreading



FERTILIZER, LIME, UREA SPECIALISTS

Competitive Rates

PETER JONES 027 496 3370 07 887 4000

> 26 years service in the Morrinsville district

Lawn Mowing And Gardening Services



Maurice Smith

For free no-obligation quote: Ph: (07) 8241948 Mobile: 0274797282 Email: mfsmith@clear.net.nz

Ride-on mowing specialists. Give your lawn the perfect finish

HAIRFIELDS

HAIR DESIGN 95 HOOPER ROAD

Sharon Laurent

Full salon facility in Eureka Total hair care professional with many years experience Agent for Nutrimetics also



Open Tuesday to Thursday Late nights Tues/Thurs Tel. 824 1712 or O27 28O 5978

The Beauty House & Gift Shop



Friendly, personalised service Great prices for all your beauty needs & a fantastic range of gifts

PHONE FOR AN APPT NOW

(EFT-POS available)
Jacqueline Jones
1092b Tauwhare Road
Tauwhare Village
P: 07 8240950 M: 0274 853985
E: thebeautyhouse@xtra.co.nz



Women's Cuts Colours/Foils Kid's Cuts Men's Cuts Eyelash Tinting Eyebrow Tinting

Call Nicola For Appointments

PH: 0275580583
EMAL: NICOLAPHIMENITHEASE.CO.NE



Café: Restaurant: Brewery: Wedding Venue: Private Functions

130 Woodside Road Matanei

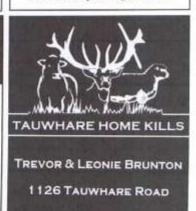
WINTER HOURS

Wednesday - Sunday 10.00am till 3.30pm

Open for Dinner

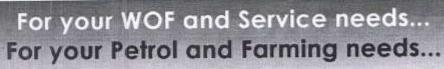
3rd Thursday of the month from 5.30pm Bookings essential

> P: 07 8295826 E: info@woodsideestate.co.nz



PH: 07 824 0880

Fx: 07 824 0809





EUREKA MOTORS

1291 Morrinsville Rd, Eureka 07 824 1773 Russim of Hours: Mon-Fri 7:30am to 6pm

Sat 8am to 12 noon

WALLING CONTRACTING LTD 'YOUR PROVEN LOCAL ONE STOP CONTRACTORS'

WE CAN OFFER YOU THE FOLLOWING SERVICES:



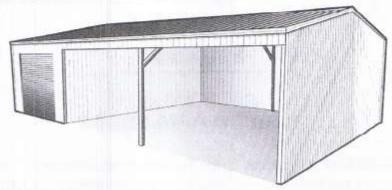
- *Grass Silage
 *Ploughing
 *Rotary Hoeing
 *Ripping
 *Undersowing
 *Baling & Wrapping
 *Digger (12 Ton)
 *Grass Crop Sales
- *Maize Silage *Power Harrowing *Discing *Maize Planting *Roller Drilling *Power Harrow/Seedbox *Shavings & Sawdust

*Maize Crop Sales





Angus



Key Features

- · Sizes starting from 7 x 12 x 3m
- *Steel gutters & PVC downpipes
- Double sided foil & netting in roof of enclosed bay
- · Clear Span (no internal poles)
- Roller door size 2.5h x 3.0w
- · Barge, opening & corner flashings

Price Examples For Shed Packs

Size (span x length x stud height)	Zincalume	Coloursteel
7x 12 x 3m	\$11,800 _{+gst} \$13,570 incl	\$12,800 _{+gst} \$14,720 incl
9 x 12 x 3.6m	\$15,000+gst \$17,250 incl	\$16,400 _{+gst} \$18,860 incl

Disclamer. Pricing is subject to individual site conditions.

No exactly what you want? No problem, use layout on next page to design your own shed.

/ Easy to build

✓ Plans 9 engineering included

✓ Delivery to nearest national freight depot included



Head Office 218 Hunter Road, Eureka RD7, Hamilton 3287 Phone 07 824 1045 Fax 07 824 1046

Freephone 0509 NO BULL (0508 862 855) Email Info@nobullsheds.co.nz Website www.nobullsheds.co.nz





Hamilton Head Office p 07 824 1045 f 07 824 1046 e info@nobullsheds.co.nz 218 Hunter Road, Eureka RD7, Hamilton 3287 | www.nobullsheds.co.nz

Taupo Office | 07 378 8582 | 07 378 8580 | 190 Kinloch Road, RD1, Taupo 3377

WAIKATO SHED



About NO BULL SHEDS

NO BULL SHEDS was created by the Waikato Shed Company ✓ who have been supplying and building sheds around the greater Waikato and beyond since 2005.

Every shed built by Waikato Sheds has been custom designed with some containing quality extras like Aluminium Joinery, Vermin Flashings, Bird Brushes etc. and to date the same shed design has not been repeated.

NO BULL SHEDS has been developed with the help of the Waikato Sheds Team, who are passionate about good quality sheds, to provide the same quality base components and design capability with a No Frills approach.

Now, customers can get top quality shed pack systems at the lowest possible prices without cutting corners.

The aim is to make the whole process as simple as possible.

NO BULL SHEDS is a 100% Kiwi owned and operated company and is an authorised distributor of the proven Fair Dinkum Sheds Group.

NO BULL SHEDS Provides

- · 5 basic and popular shed styles to get started
- Price examples for shed packs with 2 3 sizes for each style
- The ability to customise the shed to suit your needs
- A basic shed layout is provided as a starting point to assist you to determine your requirements



Hamilton Head Office □ 07 824 1045 □ 07 824 1046 □ info@nobullsheds.co.nz 218 Hunter Road, Eureka RD7, Hamilton 3287 | www.nobullsheds.co.nz

Taupo Office = 07 378 8582 | 07 378 8580 | 190 Kinloch Road, RD1, Taupo 3377

WAIKATO SHED